



Here are 4 great reasons to join a GROW Group:

- Weekly Bible studies that help grow your faith. (Psalm 119:11; 2 Timothy 3:16-17)
- Praying with others helps you get through the ups and downs of life. (Philippians 4:6; 1 John 5:14-15)
- You'll meet new friends who can help you be a better person. (Proverbs 27:17)
- You'll have fun with other people going through the same things you are. (Ecclesiastes 4:9-10)

There are so many different kinds of groups to choose from, we're sure you'll find the right one for you. If you're not able to attend a group you like, join us for our spring and fall seasons.

I hope you decide to get plugged in!

Rodlie Ortiz  
Associate Pastor  
GROW Groups/Evangelism

### How Do I Sign Up?

1. Look through this catalog and find days and times that will work with your schedule.
2. If you have questions about a group, contact the GROW Group leader for any information you'll need.
3. When you have made your selection, please go to [www.pmchurch.org/grow](http://www.pmchurch.org/grow) for the one-step registration.

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SUMMER 2019

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## GG#01

### THAT I MAY KNOW HIM

Sunday, Wednesday, Friday @ 8:30 a.m.-9:00 a.m

This group meets 3 times/week. This is an online devotional and prayer group. We read a short devotional and pray together, using the free Zoom meeting platform. Materials Needed: Participants can join our devotional meeting by following this link: <https://zoom.us/j/4454708484>

Meeting: Weekly, 05/26/2019-8/11/2019  
Leader: Dave Lawrence  
Email: [lawde13@gmail.com](mailto:lawde13@gmail.com)  
Phone: M: 208-250-1055

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## GG#02

### A PLAN BEHIND THE PAIN

Sunday @ 9:00 a.m.-10:00 a.m. (tbd)  
TBD, Teleconference Option Included,  
Berrien Spgs, MI

Who has not experienced challenge? How are we to face the painful reality of disappointment, frustration and change? Gain strength for future hurdles while sharing and hearing past and present tests and testimonies. In-person, by telephone conference and online options are all available. Local and/or remote participants welcomed. Materials Needed: Bible. Optional support materials available.

Meeting: Weekly, 06/02/2019-7/28/19  
Leader: Margaret Michel  
Email: [michelmargaret@aol.com](mailto:michelmargaret@aol.com)  
Phone: M: 646-494-1454

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## GG#03

### MOVEMENT THERAPY - TAI CHI

Monday @ 11:30 a.m.-12:15 a.m.  
PMC Commons, Berrien Spgs, MI

Learn Tai Chi simplified in 24 form. Learn to play and get fit as you practice it. Using slow movements, Tai Chi helps prevent illness while prolonging one's life. Come discover its mental benefits as well!

Meeting: Weekly, 05/20/2019-8/5/2019  
Leader: Xiaoming Xu  
Email: [xu@andrews.edu](mailto:xu@andrews.edu)  
Phone: M: 269-471-6125

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## GG#04

### PATHFINDER HONORS

Monday @ 6:00 p.m.-8:00 p.m.  
Gr. 4 Sabbath School Rm, PMC

Calling all Pathfinders! Want to earn a few more honors before Oshkosh. Would you like to earn a master honor patch? Maybe you just want to have fun. Then this is the group for you. We will decide together what honors to work on. Materials Needed: To be determined by the honors we work on. There may also be an extra cost for supplies.

Meeting: Weekly, 06/03/2019-8/5/2019  
Leader: Cynthia Caldwell  
Email: [cynthiacaldwell222@gmail.com](mailto:cynthiacaldwell222@gmail.com)  
Phone: H: 269-487-8388

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## GG#05

### HOUSE OF PRAYER (AM)

Wednesday @ 7:00 a.m.-7:30 a.m.

PMC Youth Chapel, Berrien Spgs, MI

Let's gather together in God's House of Prayer. Join us if you are seeking to rediscover the joy of prayer or need a midweek spiritual boost. Child friendly.

Meeting: Weekly, 05/29/2019-8/7/2019

Leader: Jose Bourget, Ben Martin

Email: [jose.bourget@pmchurch.org](mailto:jose.bourget@pmchurch.org),

[ben@benjaminmartin.net](mailto:ben@benjaminmartin.net)

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## GG#06

### HEALING FROM BROKEN RELATIONSHIPS

Saturday @ 4:00 p.m.-5:00 p.m.

PMC Prayer/Conference Room, Berrien Spgs, MI

This group will help create a safe, secure, and confidential environment in which to express yourself. It will also present coping methods to deal with daily challenges as well as strengthen your relationship with Christ. Materials needed: Bible, journal, pen or pencil.

Meeting: Weekly, 06/01/2019-8/10/2019

Leader: Antoinette Napier-Cooper

Email: [aenc5@yahoo.com](mailto:aenc5@yahoo.com)

Phone: M: 516-325-0185 H: 516-325-0185

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## GG#07

### ON ONE-A-CHORD/THE JOY OF MUSIC

Saturday @ 10:30 a.m.-11:30 a.m.

Gr. 4 Sabbath School Rm, PMC

Service through music. All ages of musicians are welcome that can perform with and without music. Bring your instruments (cello, violin, guitar, vocal etc.) and be a part of the JOY! Child friendly. Materials needed: Instrument of your choice and a love for music.

Meeting: Weekly, 06/01/2019-8/10/2019

Leader: Philip Giddings

Email: [pegiddings@gmail.com](mailto:pegiddings@gmail.com)

Phone: M: 269-277-9120 H: 269-473-2175

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## GG#08

### SPA (STUDY, PRAY, APPLY)

Saturday @ 10:30 a.m.-11:30 a.m.

Nethery Hall, Rm. 220, Berrien Spgs, MI

In this GROW group you will have the opportunity to explore the book of Matthew as we learn together how to apply Bible lessons to our daily lives. We also will spend time praying and sharing together. If you sense God calling you to grow closer to Him, please join us—we would love to have you! Monthly brunch potlucks.

Meeting: Weekly, 06/01/2019-8/10/2019

Leader: Bryan von Dorpowski

Email: [bdorpowski@gmail.com](mailto:bdorpowski@gmail.com)

Phone: M: 269-313-6906 H: 269-471-1014

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# GG#09

## IT TAKES A MIRACLE

Saturday @ 6:00 p.m.-7:00 p.m.

Seminary N108, Berrien Spgs, MI

God is still working miracles! Unfortunately, many believers have accepted the skeptical and unbiblical definition of miracles as contradictions to laws of nature. Let's get together to pray and to study how God's miracle-working power doesn't contradict science!

Meeting: Weekly, 05/18/2019-8/10/2019

Leader: Martin Hanna

Email: [mhanna@andrews.edu](mailto:mhanna@andrews.edu)

Phone: M: 574-850-9052

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# GG#10

## THE MINISTRY OF HEALING

Saturday @ 7:00 p.m.-8:00 p.m.

Rangeline Park, Berrien Spgs, MI

Health and happiness go hand in hand. Never has it been more important to understand the physical and spiritual laws of health than today when stress, mental illness, heart disease and more are ravaging our society. Let "The Ministry of Healing" lead you to a new life of joy and vibrant health. Materials Needed: Book - "The Ministry of Healing" or Download free EGW Writings App, "The Ministry of Healing" Bring a lawn chair if you'd like.

Meeting: Weekly, 06/22/2019-7/27/2019

Leader: Ellen Siregar

Email: [ellenelight@gmail.com](mailto:ellenelight@gmail.com)

Phone: M: 303-990-0347 H: 269-252-2193

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# GG#11

## LEARNING TO TRUST

Saturday @ 7:00 p.m.-8:00 p.m.

PMC Prayer/Conference Room, Berrien Spgs, MI

Faith and trust are essential elements of growth in Christ. Join us for eight weeks as we look at Biblical examples of faith, and share areas of growth in our own lives.

Meeting: Weekly, 06/01/2019-7/27/2019

Leader: Tunisia Peters

Email: [tunisiapeters@gmail.com](mailto:tunisiapeters@gmail.com)

Phone: M: H: 269-769-4198